2023 Discipleship Promises

manchester umc

United Methodist membership vows include promising to participate in the ministries of the church by our **prayers**, our **presence**, our **gifts**, our **service**, and our **witness**.

This card is intended to be a way to offer these promises to God. Please keep this card in a place you will see it often, as a reminder to you of the discipleship promises you are making in this season.

PRAYERS

Each day, I will spend time in prayer. During this season, I will make every effort to pray:

- $\hfill\square$ Five minutes every day.
- □ Ten minutes every day.
- **D** Fifteen minutes every day.
- **T** Twenty or more minutes every day.

PRESENCE

Each week, I will be present with & for the community, in worship & in a small group. Over the next four months, I will do all that I can to:

- $\hfill\square$ Be present in worship once a month.
- **D** Be present in worship twice a month.
- **D** Be present in worship three times a month.
- **D** Be present in worship every week.

In addition, over the next four months, I will:

- □ Participate in _____ small group(s) and/or class(es).
- □ Invite _____ people to worship, small group, or a church event.



SERVICE Following the example of Jesus, who came not to be served but to serve, I will offer my time & energy in service. Within the next four months, I will:

Continue my current area of service in the

ministry area(s) of Manchester UMC.

Continue my current service work with

a Manchester UMC collaborative partner agency.

Seek a new way to give of my time & energy in service through a ministry area I have not yet discerned.

WITNESS

In this season, I will be aware of how my words and actions bear witness to the love of God in the world. Over these next four months, I will:

- Be intentional about showing love, compassion, and grace to my neighbors.
- Share a story of God's presence in my life in conversation with a friend.
- Share a story of God's presence in my life by writing to story@manchesterumc.org.