



MO-Hab Mission Statement
MO-Hab is committed to raising funds and awareness for adequate and affordable housing. MO-Hab sponsors benefit bicycle rides to raise funds for Habitat for Humanity St. Louis which lends a hand-up for families to afford a home. Our faith calls us to be the hands and feet of Jesus in fellowship with others.



MO-HAB XXVI – IN TOWN RIDE
5 Days on Local Routes
June 1-5, 2023
Registration Due May 13, 2023

PURPOSE: To raise awareness and funds for Habitat for Humanity St. Louis.

MUMC's FINANCIAL GOAL: \$25,000 This level of contribution qualifies MUMC as a Keystone Community Partner with Habitat for Humanity St. Louis.

DONATIONS: Each rider is asked to collect a **minimum of \$100.00** in donations. Donations may be made on-line at www.ManchesterUMC.org/give. Choose Habitat for Humanity in the "Select a Fund" drop down menu (Available April 1st). Checks should be made payable to "MUMC" with "Habitat" in the memo line.

REGISTRATION FEE: \$25 per person includes gas for the SAG vehicle, snacks, ice, sports drinks, and other incidental expenses.

REGISTRATION: On-line at www.manchesterumc.org/mohab

- Select In Town Registration
- Verify you have a current Liability Waiver valid thru June 2023.
- Download the Emergency Health Information form
- Mail completed health form to Mary Corwin, 354 Shetland Valley Court, Chesterfield, MO 63005
- **Completed registration due May 13th**

ROUTE: 5 local routes each approximately 20 miles. St. Charles-New Town, Grant's Trail, Madison County, Katy Trail, Creve Coeur

SAG SUPPORT: A dedicated SAG volunteer will meet you along the route with beverages and snacks. Each rider should carry their own spare tube and repair kit on their bike.

RIDER MEETING: Tuesday, May 30th in Room 141 at MUMC at 7:00 PM. Final details of the ride will be discussed. Your attendance is very important! **Save the date!**

TRAINING: We strongly recommend you participate in as many of the Spring Rides as possible. Spring Rides will be on Saturdays beginning Mid-March. The schedule will be on the MUMC website: www.manchesterumc.org/mohab. These group rides can be much different than riding alone and a lot more fun! Spring Rides are unsupported, so **bring enough water and food** appropriate for the length of the ride. You will need to do additional training on your own. It is advisable to have ridden as many training miles as miles you plan to ride during the MO-Hab week, so get a riding buddy and rack up those miles! Ride as many miles as possible and as often as possible before doing MO-Hab XXVI and don't forget to log your miles on the Virtual MO-Hab Trip. **All riders are required to wear a helmet that meets or exceeds ANSA or Snell standards.**

COVID: COVID-19 protocol in effect at the time of the ride will be adhered to.

QUESTIONS: Contact Mary Corwin, MO-Hab Ministry Leader at 636-675-1684 or corwinmary354@gmail.com

For the most up-to-date information visit www.manchesterumc.org/mohab

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