# WALK JUSTLY



(re)inhabit

Worship Guide Oct. 20 & 21, 2023 manchester umc



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# FRIDAY MORNING

# 10:00 a.m. OPENING WORSHIP

CALL TO WORSHIP Shared Creator

ONE: We are drawn together by a calling larger than ourselves,

a love beyond our knowing and naming.

ALL: We call this power by many names,

Including (speak the words and names they use).

ONE: This love calls us to be close-to one another, to all beings,

and to the earth.

ALL: This love calls us to celebrate and affirm the multiplicity of creation.

ONE: Let us not mistake unity for uniformity.

ALL: Let us not mistake distinction for division.

ONE: We rejoice in the mystery

ALL: And keep our hearts open to new delights.

ONE: We welcome conflict

ALL: As a catalyst for curiosity and growth.

ONE: We refuse wrath

ALL: And will not let ourselves be limited by anger or fear.

ONE: We believe that everyone has something to learn,

ALL: And everyone has something to contribute.

ONE: We believe that generosity, kindness, and compassion are a better way to live.

ALL: We believe that our witness to the world comes through our shared life.

ONE: We warm ourselves at the same fire, we are nourished by the same earth,

and we are soothed by the same waters.

ALL: We fall in love with truth, beauty, and wisdom in whatever form it arrives.

ONE: We honor those who have come before us and blaze a trail for those who come behind.

ALL: We commit to being expansive and inclusive. We seek inspiration and insight.

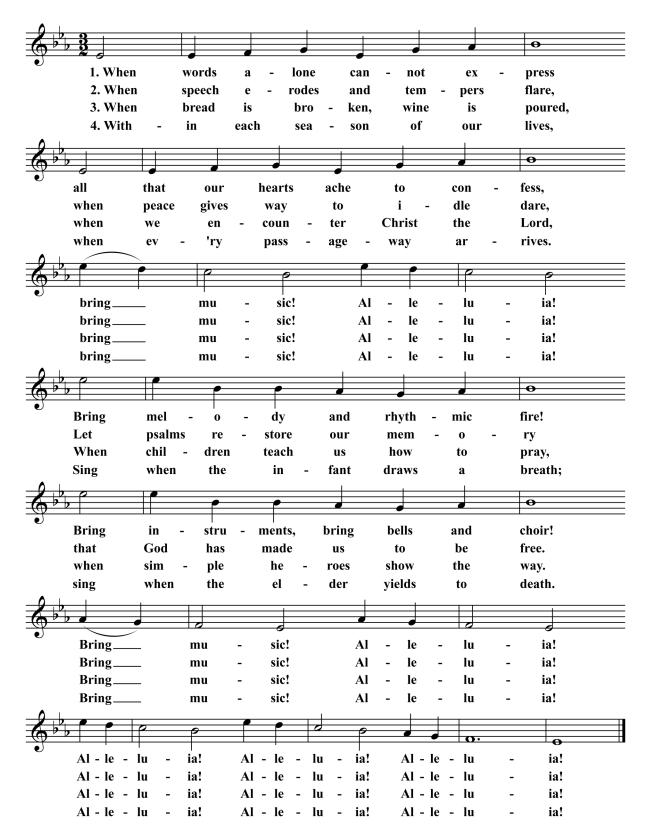
ONE: For the good of all.

ALL: For the good of all. Amen.

GREETING Rev. Andy Bryan

### **GATHERING SONG**

# When Words Alone Cannot Express



#### **OPENING PRAYER**

Oh God, we are done with broken systems that break the very people they are meant to serve.

Harness this anger! Channel it into worthy action and show us what is ours to fix and what boundaries to patrol to keep goodness in and evil out.

Blessed are we who are appalled that brute ignorance can so easily dominate over decency, honesty, and integrity.

Blessed are we, who choose not to look away from systems that dehumanize, deceive, defame, and distort.

We who recognize that thoughts and prayers are not enough.

We who stand with truth over expediency, principle over politics, community over competition.

Oh God, how blessed are we who cry out to you: Empower us to see and name what is broken, what is ours to restore.

Guide us to find coherent and beautiful alternatives that foster life, hope, and peace. Help us to use our gifts with one another in unity.

Blessed are we who choose to live in anticipation, our eyes scanning the horizon for signs of your kingdom—
heaven come down—
as we wait.

### SONG OF RESPONSE Live Justly

Listen all you people can you hear the sound? The sound of suffering rises up from all around But God is speaking even in the here and now Do what's required of you.

#### Chorus

Live justly, Love mercy, Walk humbly with our God Live justly, Love mercy, Walk humbly with our God

If we meet creation in its brokenness Love the least of these who are powerless We see Jesus' face in every one we bless Do what's required of you.

#### Chorus

Live justly, Love mercy, Walk humbly with our God Live justly, Love mercy, Walk humbly with our God

When we see the hungry When we see the poor When we see the lonely who long for something more

When we see injustice Pollution, war and pain Let us show compassion, for the sake of Jesus' name

#### Chorus

Live justly, Love mercy, Walk humbly with our God Live justly, Love mercy, Walk humbly with our God

Live justly, Love mercy, Walk humbly with our God Live justly, Love mercy, Walk humbly with our God

# PROCLAMATION AND RESPONSE

### **OLD TESTAMENT LESSON**

Job 12:7-22

**NRSVUE** 

<sup>7</sup> "But ask the animals, and they will teach you, the birds of the air, and they will tell you;

<sup>8</sup> ask the plants of the earth, and they will teach you, and the fish of the sea will declare to you.

<sup>9</sup>Who among all these does not know that the hand of the LORD has done this?

<sup>10</sup> In his hand is the life of every living thing and the breath of every human being.

<sup>11</sup> Does not the ear test words as the palate tastes food?

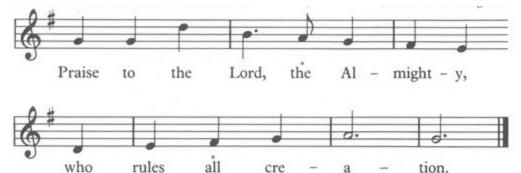
<sup>12</sup> Is wisdom with the aged and understanding in length of days?

13 "With God are wisdom and strength; he has counsel and understanding.

<sup>&</sup>quot;Live Justly", Kiersten Rose, Drew Miller, Jackson Henry © 2019 Adonis Blue Music: (ASCAP).. Christopher Drew Miller (ASCAP), Jackson Henry

- 14 If he tears down, no one can rebuild; if he shuts someone in, no one can open up.
- <sup>15</sup> If he withholds the waters, they dry up; if he sends them out, they overwhelm the land.
- <sup>16</sup>With him are strength and wisdom; the deceived and the deceiver are his.
- <sup>17</sup> He leads counselors away stripped and makes fools of judges.
- <sup>18</sup>He looses the sash of kings and binds a waistcloth on their loins.
- <sup>19</sup> He leads priests away stripped and overthrows the mighty.
- <sup>20</sup> He deprives of speech those who are trusted and takes away the discernment of the elders.
- <sup>21</sup> He pours contempt on princes and looses the belt of the strong.
- <sup>22</sup>He uncovers deep things from the darkness and brings deep darkness to light.

# PSALTER Psalm 104 (read responsively, sing response indicated by R)



<sup>1</sup>Bless the LORD, O my soul.

# O Lord my God, you are very great!

You are clothed with honor and majesty,

<sup>2</sup> and cover yourself with light as with a garment;.

# you have stretch out the heavens like a tent,

<sup>3</sup> and have laid the beams of your chambers on the waters;

R

you make the clouds your chariot;

and ride on the wings of the wind;

<sup>4</sup> you make the winds your messengers, fire and flame your ministers.

<sup>5</sup>You set the earth on its foundations, so that it shall never be shaken.

<sup>6</sup>You covered it with the deep as with a garment; the waters stood above the mountains.

<sup>7</sup>At your rebuke they fled;

at the sound of your thunder they took to flight.

<sup>8</sup>They rose up to the mountains, ran down to the valleys, to the place that you appointed for them.

<sup>9</sup>You set a boundary which they should not pass, so that they might not again cover the earth.

<sup>10</sup> You make springs gush forth in the valleys; they flow between the hills;

11 they give drink to every beast of the field; the wild asses quench their thirst.

<sup>12</sup> Above the springs the birds of the air have their nests; they sing among the branches.

<sup>13</sup> From your lofty place you water the mountains; with the fruit of your work the earth is satisfied. R

 $^{24}\,\text{O}$  LORD, how manifold are your works!

In wisdom you have made them all; the earth is full of your creatures.

<sup>25</sup> Yonder is the sea, great and wide,

creeping things innumerable are there, living things both small and great.

<sup>26</sup>There go the ships

and Leviathan whom you formed to play in it.

<sup>27</sup> These all look to you,

to give them their food in due season.

<sup>28</sup> When you give to them, they gather it;

when you open your hand, they are filled with good things.

<sup>29</sup> When you hide your face, they are dismayed;

when you take away their breath, they die and return to their dust.

<sup>30</sup> When you send forth your spirit, they are created;

and you renew the face of the ground.

May the glory of the LORD endure for ever; may the Lord rejoice in his works,

who touches the mountains and they smoke!
33 I will sing to the Lord as long as I live;

<sup>32</sup> who looks on the earth and it trembles,

I will sing praise to my God while I have being.

<sup>34</sup> May my meditation be pleasing to the Lord in who I rejoice.

<sup>35</sup> Let sinners be consumed from the earth, and let the wicked be no more.

Bless the Lord, O my soul!

Praise the Lord! R

#### SONG OF RESPONSE

#### 10,000 Reasons (Bless The Lord)

#### Chorus

Bless the Lord O my soul O my soul Worship His holy name Sing like never before O my soul I'll worship Your holy name

The sun comes up it's a new day dawning It's time to sing Your song again Whatever may pass and whatever lies before me Let me be singing when the evening comes

#### Chorus

Bless the Lord O my soul O my soul Worship His holy name Sing like never before O my soul I'll worship Your holy name

You're rich in love and You're slow to anger Your name is great and Your heart is kind For all Your goodness I will keep on singing Ten thousand reasons for my heart to find

#### Chorus

Bless the Lord O my soul O my soul Worship His holy name Sing like never before O my soul I'll worship Your holy name

And on that day when my strength is failing The end draws near and my time has come Still my soul will sing Your praise unending Ten thousand years and then forevermore

#### Chorus

Bless the Lord O my soul O my soul Worship His holy name Sing like never before O my soul I'll worship Your holy name

#### For the Music of Creation



**EPISTLE LESSON** 

Romans 8:18-27 NRSVUE

<sup>18</sup>I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. <sup>19</sup> For the creation waits with eager longing for the revealing of the children of God, <sup>20</sup> for the creation was subjected to futility, not of its own will, but by the will of the one who subjected it, in hope <sup>21</sup> that the creation itself will be set free from its enslavement to decay and will obtain the freedom of the glory of the children of God. <sup>22</sup> We know that the whole creation has been groaning together as it suffers together the pains of labor, <sup>23</sup> and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. <sup>24</sup> For in hope we were saved. Now hope that is seen is not hope, for who hopes for what one already sees? <sup>25</sup> But if we hope for what we do not see, we wait for it with patience.

<sup>26</sup> Likewise the Spirit helps us in our weakness, for we do not know how to pray as we ought, but that very Spirit intercedes with groanings too deep for words. <sup>27</sup> And God, who searches hearts, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

#### SONG OF RESONSE

# Called Me Higher

I could just sit
I could just sit and wait
For all Your goodness
Hope to feel Your presence
And I could just stay
I could just stay right where I am
And hope to feel You
Hope to feel something again

I could hold on
I could hold on to who I am
And never let You
Change me from the inside
I could be safe oh
I could be safe here to Your arms
And never leave home
Never let these walls down

#### Chorus

But You have called me higher You have called me deeper And I'll go where You will lead me Lord You have called me higher You have called me deeper And I'll go where You will lead me Lord You have called me deeper And I'll go where You will lead me Lord Where You lead me Lord

Bridge (x3)
I will be Yours oh
I will be Yours for all my life

So let Your mercy I will be Yours Lord And I will be Yours for all my life So let Your mercy Light the path before me

Chorus (x2)

# **REST MEDITATION**

Sometimes being called higher... means to rest. It means Sabbath. It can mean to stop. The journey before us for justice and peace is a long one. Between the protests and the letters, the working and the toil... We have to remember to feed ourselves with rest. Our God does not call us to work non-stop. The busyness can be overwhelming.

Inspired by the work of Tricia Hersey and her work creating the Nap Ministry, I invite you into another form of justice work; one you may or may not be familiar with... This is the work of rest, of daydreaming, a hope that cannot be taken from us, and a space that's required of us to sustain this work in the long term.

#### Hear her words:

I want you to firmly plant yourself inside your imagination.

Take refuge in the beauty and power of our community care.

Take root in our daydreaming.

We can rest, build, and usher in a new way.

We center rest and care no matter what the systems say.

Rest is a portal.
Silence is our pillow.
Hold silence with me now.
Take a deep, full breath.
Hold for four seconds.
Release the shame you feel when resting.
It does not belong to you

Now, Beloveds.....Imagine a world without oppression (Silence) Imagine a world where creation is not oppressed (Silence) Imagine a world where your body is not oppressed (Silence) Imagine a world without oppression (Silence) Imagine inhabiting that world (Silence) Imagine inhabiting that body. (Silence)

(More Silence)

You may sit in this space and relax... in rest.

You may stand up and dance and move... in leisure.

You may move your body and your creativity and approach one of the cards on the altar to write down the ways that you imagine a world without oppression.

The cards will be available for all of us to meditate and pray over throughout our time together. But don't feel like you have to. You may rest. We can rest.

# MUSIC DURING MEDITATION Come and Find the Quiet Center

TFWS 2128



<sup>14</sup> And the Word became flesh and lived among us.

<sup>22</sup>While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." <sup>23</sup>Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. <sup>24</sup>He said to them, "This is my blood of the covenant, which is poured out for many. <sup>25</sup>Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God."

# THANKSGIVING AND COMMUNION

#### INVITATION TO THE TABLE

We Remember the Bread of Life

All: Jesus, Divine Bread-Baker, each time we gather to break this bread we share its richness in the midst of our poverty, and we remember:

One: We remember who you are as the bread of our lives:
You are the One who enters into the hungry places of our hearts,
wanting to convince us of your deep, abiding love.
You are the One who invites us constantly to choose life, even when our world,

and sometimes our own inner places, tastes of death, pain, and weariness.

All: You are the One who becomes our spiritual energy, inviting us to yearn for truth and to grow from its treasures.

One: We remember how you gift us with this bread:

This bread is strength for us when times are tough.

This bread must be broken before it can be shared.

This bread, when taken within, transforms the quality of our presence.

All: This bread binds us together and tempts us to forgiveness and all the other particles which gather to form community. This bread, which houses the sacred in common earthen gifts, proclaims that the ordinary is but a mask of the holy.

One: We remember what this bread asks of us:

To be patient with our own growth, to recognize the process of our journey, to yield to the nourishment which is waiting for us if we will but come to the table.

To be your leaven so that faith can rise in the hearts of others.

To be so deeply wedded to compassion that our hearts always save a space for the tears of the world.

All: To give ourselves fully to the sojourning dimension of our lives, knowing that the manna of our God is blessing enough for our need as we yearn for our true home.

One: And finally, we remember:

All: That our hearts are filled with gratitude for this good gift.

Within us all that is holy cries out:

Come, Bread of Life, come!

#### GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Blessed are you, our Alpha and our Omega, whose strong and loving arms encompass the universe, for with your eternal Word and Holy Spirit you are forever one God. Through your Word you created all things and called them good, and in you we live and move and have our being. When we fell into sin, you did not desert us.

You made covenant with your people Israel

and spoke through prophets and teachers. In Jesus Christ your Word became flesh and dwelt among us, full of grace and truth.

And so, with your people on earth and all the company of heaven We praise your name and join their unending hymn:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy are you, and blessed is Jesus Christ, who called you Abba, Father. As a mother tenderly gathers her children,

you embraced a people as your own and filled them with a longing for a peace that would last and for a justice that would never fail.

In Jesus' suffering and death you took upon yourself our sin and death and destroyed their power for ever.

You raised from the dead this same Jesus, who now reigns with you in glory, and poured upon us your Holy Spirit, making us the people of your new covenant.

On the night before meeting with death, Jesus took the bread, gave thanks to you, broke the bread, gave it to the disciples, and said: "Take, eat; this is my body which is given for you.

Do this in remembrance of me."

When the supper was over Jesus took the cup, game thanks to you, gave it to the disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

#### Christ has died; Christ is risen; Christ will come again,

Pour out your Holy Spirit on us gathered here, and on these gifts, that in the breaking of this bread and the drinking of this wine we may know the presence of the living Christ and be renewed as the body of Christ of the world, redeemed by Christ's blood.

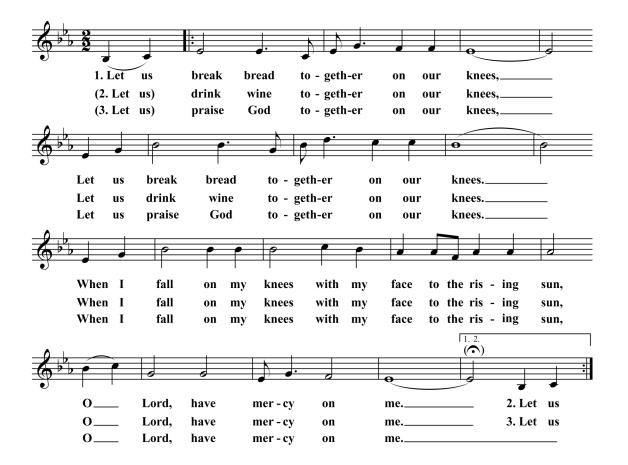
As the grain and grapes, once dispersed in the fields, are now united on this table in bread and wine, so may we and all your people be gathered from every time and place into the unity of your eternal household and feast at your table for ever,

Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all honor and glory is yours, almighty God, now and for ever. **Amen.** 

Now as those called and empowered by God let us join with Christ in prayer:

Our Father, who art in heaven hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us for our trespasses as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power and the glory, forever. Amen.

#### TAKING THE BREAD AND CUP



# SENDING FORTH

#### BENEDICTION AND MEAL BLESSING

Loving God, we call to mind the heavenly banquet revealed to us through Jesus, in whose life of communion we have been invited. So, before we dine and fellowship, we give thanks for your invitations and for your gifts each day. Bless the hands that cooked and prepared this meal, remembering also other hands doing the work we cannot; the hands of fishers and farmers; of those who till and harvest the land, of laborers who pack, stack and deliver; as well as the empty hands of the hungry. While we eat and drink, we count our blessings, as we receive them all in your name. Amen.

# FRIDAY EVENING

# 6:00 p.m. WORSHIP

CALL TO WORSHIP Shared Creator

ONE: We call upon the untamed God of the wild, whose name is so old it has been forgotten.

ALL: Untame and liberate us.

ONE: We call upon the God of the desert, the dangerous God of Jericho,

of Sodom and Gomorrah,

The God who demands mercy not sacrifice, the God who demands hospitality

to the stranger.

ALL: Make us instruments of love to tear down walls,

To set righteous flames on systems of greed and death.

ONE: We call upon God in all her forbidden names,

And in all forms that terrify those who proclaim themselves master

And who rule through fear and violence.

ALL: May our love for life give us the courage to die.

May our freedom inspire others to follow God's narrow path.

ONE: We call upon the God of common ground, beyond all notions of

wrongdoing and rightdoing.

Where we meet one another on equal ground, where there is always enough.

And where there are no masters.

ALL: May we have the courage to relinquish control,

To live without fear, and to love without shame.

ONE: We call upon the God whom 10,000 years of kingdoms tried to make us forget.

The God of the edges, the margins, the shadows, the God whose name can only

be remembered through action,

The God whose love was too dangerous to forget.

ALL: Make us the seeds of wild gardens to cover the earth,

Vines to pull down systems of oppression.

May we become the fruit of knowledge and our blood the waters of life.

May we become, may we become, may we become. Amen.

<sup>&</sup>quot;A Litany of Longing for Creation of Community." by Britney Winn Lee, © 2020. Rally: Communal Prayers for Lovers of Jesus and Justice. Used with permission.

#### OPENING PRAYER

We proclaim the majesty of God, great sovereign of time and eternity, who laid earth's foundations, settled its dimensions, and stretched upon it a measuring line; who raised its pillars and laid its cornerstone, when the morning stars sang together and all the children of God shouted for joy. We sing the praise for God, who watched over the sea's birth when its flood burst from creation's womb, to wrap it in a blanket of cloud and cradle it in fog, establishing its bounds with the command, "Thus far you shall come and no farther." We shout the glory of creation's Architect, who summons the dawn and shows the morning its place, teaching it to grasp the edges of earth and to shake the wickedness out of it. To you, great and only God, be glory and honor and majesty, in our time and all the times to come. **Amen.** 

#### **GATHERING SONG**

# A Thousand Hallelujahs

Who else would rocks cry out to worship? Whose glory taught the stars to shine? Perhaps creation longs To have the words to sing But this joy is mine

#### Chorus

With a thousand hallelujahs
We magnify Your name
You alone deserve the glory
The honor and the praise
Lord Jesus, this song is
Forever Yours
A thousand hallelujahs and
A thousand more

Who else would die for our redemption? Whose resurrection means I'll rise? There isn't time enough To sing of all You've done But I have eternity to try

#### Repeat Chorus

#### Bridge

Praise to the Lord, to the Lamb To the King of heaven Praise for He rose, now He reigns We will sing forever

#### SONG OF PRAISE

### Beautiful Things

All this pain

I wonder if I'll ever find my way

I wonder if my life could really change, at all

All this earth

Could all that is lost ever be found?

Could a garden come out from this ground, at all?

#### Chorus

You make beautiful things

You make beautiful things out of the dust

You make beautiful things

You make beautiful things out of us

All around,

Hope is springing up from this old ground

Out of chaos life is being found, in you

#### Chorus x2

You make me new,

You are making me new

You make me new,

You are making me new

#### Chorus

# PROCLAMATION AND RESPONSE

#### OLD TESTAMENT LESSON

Job 12:7-22 (NRSVUE)

<sup>7</sup> "But ask the animals, and they will teach you, the birds of the air, and they will tell you;

<sup>8</sup> ask the plants of the earth, and they will teach you, and the fish of the sea will declare to you.

<sup>9</sup>Who among all these does not know

that the hand of the LORD has done this?

<sup>10</sup> In his hand is the life of every living thing and the breath of every human being.

<sup>11</sup> Does not the ear test words

as the palate tastes food?

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and understanding in length of days?

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<sup>20</sup> He deprives of speech those who are trusted and takes away the discernment of the elders.

<sup>21</sup> He pours contempt on princes and looses the belt of the strong.

<sup>22</sup> He uncovers deep things from the darkness and brings deep darkness to light.

#### SONG OF PRAISE

All creatures of our God and King Lift up your voice and with us sing O praise Him O praise Him Thou burning sun with golden beam Thou silver moon with softer gleam O praise Him O praise Him Alleluia Alleluia

Thou rushing wind that art so strong Ye clouds that sail in heav'n along O praise Him Alleluia Thou rising morn' in praise rejoice Ye lights of evening find a voice O praise Him O praise Him Alleluia Alleluia

### **All Creatures** (Sing the Harmony)

Every mountain sing high Every valley sing low And everything in between Sing the harmony

Let all things their Creator bless
And worship Him in humbleness
O praise Him Alleluia
Praise praise the Father praise the Son
And praise the Spirit, Three in One
O praise Him O praise Him
Alleluia Alleluia

#### GOSPEL LESSON

John 1:14a, Mark 14:22-25

NRSVUE

<sup>&</sup>lt;sup>14</sup> And the Word became flesh and lived among us.

<sup>&</sup>lt;sup>22</sup> While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." <sup>23</sup> Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. <sup>24</sup> He said to them, "This is my blood of the covenant, which is poured out for many. <sup>25</sup> Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God."

#### PRAYER OF CONFESSION & THANKSGIVING

God of creation, God our provider, we give you thanks for the nourishment of both our souls and bodies. We thank you that in your wisdom you have entrusted the earth into our stewardship, and have allowed the soil, from which we came, to produce fruit in abundance.

We confess that we have sinned against you and the earth you have entrusted us with. We have sought to recreate Eden and, in the process, we have hurt each other and all the other parts of your beautiful creation. It was through our greed that the world is divided into the few that owns so much and the many that go to bed hungry. We are afraid even to stand together at your throne and ask, "Give us our daily bread."

We thank you, dear God, for the sacrament of your very presence at the time of need. Nourish our souls and liberate us from the pangs of Capitalism and exploitation. As we partake of the Bread and Wine, make it our concern to care for and protect those who are exploited in the wine and corn farms the production of these elements with which we have the pleasure to worship you.

# THANKSGIVING AND COMMUNION

#### GREAT THANKSGIVING

The Spirit of God be with you all.

And also with you.

Lift up your hearts:

We lift them to God.

Give thanks to our God!

All our thanks, all our praise!

Holy God, Holy One, Holy Three!

Before all that is, You were God.
Outside all we know, You are God.
After all is finished. You will be God.
Archangels sound the trumpets,
Angels teach us their song,
Saints pull us into your presence.

#### And this is our song:

Holy, Holy, Holy God, Our life, our mercy, our might. Heaven and earth are full of your glory. Save us, we pray, You beyond all. Blest is the One who comes in your name. Save us, we pray, You beyond all.

Holy God, Holy One, Holy Three!

You beyond the galaxies,
You under the oceans,
You inside the leaves,
You pouring down rain,
You opening the flowers,
You feeding the insects,
You giving us your image,
You carrying us through the waters,
You holding us in the night,
Your smile on Sarah and Abraham,
Your hand with Moses and Miriam,
Your words through Deborah and Isaiah,
You lived as Jesus among us,
Healing, teaching, dying, rising,
Inviting us all to your feast.

In the night in which he was betrayed,
Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take, eat; this is my body, given for you.
Do this for the remembrance of me.
Again, after supper he took the cup, gave thanks, and gave it for all to drink, saying:
This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

Holy God, we remember your Son:

His life with the humble,
His death among the wretched,
His resurrection for us all:
Your wisdom our guide,
Your justice our strength,
Your grace our path to rebirth

And so we cry, Mercy:

Mercy!

And so we cry, Glory:

Glory!

And so we cry, Blessing!

Blessing!

Holy God, we beg for your Spirit:

Enliven this bread,
Awaken this body,
Pour us out for each other.

Transfigure our minds,
Ignite your church,
Nourish the life of the earth.

Make us, while many, united,
Make us though broken, whole,
Make us, despite death, alive.

And so we cry, Come, Holy Spirit:

Come, Holy Spirit!

And so the church shouts. Come, Holy Spirit:

Come, Holy Spirit!

And so the earth pleads, Come, Holy Spirit:

Come, Holy Spirit!

You, Holy God, Holy One, Holy Three,

Our Life, our Mercy, our Might,
Our Table, our Food, our Server,
Our Rainbow, our Ark, our Dove,
Our Sovereign, our Water, our Wine,
Our Light, our Treasure, our Tree,
Our Way, our Truth, our Life.

You, Holy God, Holy One, Holy Three!

Praise now, Praise tomorrow, Praise forever.

And so we cry, Amen!

Amen!

Now as those called and empowered by God let us join with Christ in prayer

Our Father, who art in heaven hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory, forever. Amen.

#### **COMMUNION MUSIC**

#### Into Your Love

#### Verse

All that You want, all that we need Life a strong oak that starts from a seed Made of, filled with, and meant for Your love Living and growing, we long to become

#### **Pre-Chorus**

So bear with our simplicity As we embrace this mystery... Enfold us and hold us, Breathe in and dance through us

#### Chorus

You came...into our world into our souls into our lives Bring us...into your heart into your mind...Bring us into your Love - - - - - Bring us into Your Love - - - - - -

#### **COMMUNION MUSIC**

Way Maker

#### Intro

#### Verse 1

You are here moving in our midst we worship You we worship You You are here working in this place we worship You we worship You

#### Chorus 1

(You are) Way Maker Miracle Worker Promise Keeper Light in the darkness Oh God that is who You are Way Maker Miracle Worker Promise Keeper Light in the darkness Oh God that is who You are

#### Verse 3

You are here touching ev'ry heart we worship You we worship You You are here healing ev'ry heart we worship You we worship You

#### Verse 4

You are here turning around we worship You we worship You You are here mending ev'ry heart we worship You we worship You

#### Chorus 1

#### Chorus 2

That is who You are That is who You are

#### Bridge (4x)

Even when **WE** don't **SEE** it You're working Even when **WE** don't **FEEL** it You're working You never stop You never stop working You never stop You never stop working

#### Chorus

You are Way Maker Miracle Worker Promise Keeper Light in the darkness Oh God that is who You are Way Maker Miracle Worker Promise Keeper Light in the darkness Oh God that is who You are

#### Chorus 2

That is who You are That is who You are

#### PRAYER AFTER COMMUNION

Loving God, we call to mind the heavenly banquet revealed to us through Jesus, into whose life of communion we have been invited. Bless the hands that cooked and prepared this meal, remembering also the hands doing the work we cannot; the hands of farmers; of those who till and harvest the land, of laborers who pack, stack and deliver; as well as the empty hands of the hungry. We count our blessings, as we receive them all in your name. **Amen.** 

#### **BLESSING AND BENEDICTION**

This is what we are about: we plant the seeds that will one day grow. We water seeds already planted, knowing that they hold promise. We lay foundations that will need further development.

We provide yeast that produces effects far beyond our capabilities.

We cannot do everything, and there is a sense of liberation in realizing that. This enables us to do something, and to do it well. It may be incomplete, but it is a beginning, a step along the way, an opportunity for the Lord's grace to enter and do the rest.

We may never see the results, but that is the difference between the master builder and the worker. We are workers, not master builders; ministers, not messiahs. We are prophets of a future not our own.

We will lie down and sleep in peace, for you alone, Lord, make us dwell in safety.

Into your hands, O Lord, we commend our spirits. For you have redeemed us, O Lord, O God of truth. Keep us, O Lord, as the apple of your eye; hide us under the shadow of your wings.

Keep watch, dear Lord, with those who work or watch or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ, give rest to the weary, bless the dying. soothe the suffering, pity the afflicted, shield the joyous, and all for your love's sake. Amen.

### GOING FORTH

<sup>&</sup>quot;Prayer of Thanksgiving." Page No. 146, © 2020. Liturgies From Below. Used with permission.

<sup>&</sup>quot;The Prayer of Archbishop Oscar Romero." Written: Bishop Ken Untener of Saginaw, for a homily by Cardinal John Dearden in 1979 at a celebration of departed priests.

# **SATURDAY MORNING**

# 8:30 a.m.

# **PRAISE AND PRAYER**

#### **CALL TO WORSHIP**

Bless the Lord

Psalm 104:1-9, 24, 35c

One: Praise God in the sanctuary!
All: Bless the Lord, O my soul.

One: Look at God!

Robed in majesty. Clothed with honor, Dressed in glory,

Garments of wonderful light. Bless the Lord, O my soul.

One: Look at God!

All:

Flung heaven across the sky,

Walks on the clouds, Rides on the wind, Speaks through fire.

No one is greater than our God!

All: Bless the Lord.

One: For God is Great!

All: Bless the Lord.

One: For God is Wonderful!

All: Bless the Lord.

One: The whole earth declares your glory.

All: Bless the Lord. Bless the Lord. Bless the Lord, O my soul.

#### **HYMN OF PRAISE**

I've Got Peace Like a River

I've got peace like a river....in my soul. I've got joy like a fountain....in my soul. I've got love like an ocean....in my soul.

#### OPENING PRAYER

The God That Provides

Hallelujah Hallelujah Praise be to God

To the God of land God of the sea God of the sky God of the mountains, The God of rain The provider of manna God of our mothers and fathers

Come and be with us this Morning as we bring our Hearts to worship you We come to you with our Hearts that are dry, hopeless and heavy With hope that you are The God that provides, You are the God of yesterday, Today and tomorrow

#### HYMN OF PRAISE

Praise the Lord My Soul

(Please sing as led.)

Praise the Lord, my soul. Bless the name of God. Praise the Lord, my soul. Bless the name of God.

#### PRAYER OF THANKSGIVING

My being proclaims the wonders of light as it slowly penetrates the ebbing darkness

And my spirit bows to the beauty of the One who gives life to all that has existence

Oh, vibrant green stems of life sing out your praise to the Heart who draws you forth

Bird songs rejoicing in the breath of dawn, warble your joy in view of the morning star

Dew drops radiant upon the wetness of grass give glory to the Wise Creator who sustains s you Magnificat to the God of Dawn

<sup>&</sup>quot;The God That Provides" © 2020. Liturgies From Below. Used with permission.

<sup>&</sup>quot;Praise the Lord My Soul" Writer: Ed Bolduc. Choral Arr: Ed Bolduc and John Barker. © 1997 Justgoaheadanduseit Music.

Flower gardens, rushing streams, silent deserts, sing, sing, for the Dancer who rejoices in your midst

Peoples of the planet, creatures of the universe, play before the Enlivener who delights in you

And my soul, my soul, rise up and greet this day with gratitude, in a stance of humble remembering

For all I am, and all I am called to be, is held in the hands of a Creator who daily loves me into life **Amen.** 

# HYMN OF PRAISE

On Eagle's Wings

UMH 585

(Please sing as led.)

And God will raise you up on Eagle's wings Bear you on the breath of dawn Make you to shine like the sun And hold you in the palm of God's hand.

SCRIPTURE Psalm 104 NRSVUE

- <sup>1</sup> Bless the Lord, O my soul.
  - O Lord my God, you are very great.
  - You are clothed with honor and majesty,
- <sup>2</sup> wrapped in light as with a garment. You stretch out the heavens like a tent;
- you set the beams of your chambers on the waters; you make the clouds your chariot; you ride on the wings of the wind;
- <sup>4</sup> you make the winds your messengers, fire and flame your ministers.
- <sup>5</sup> You set the earth on its foundations, so that it shall never be shaken.
- <sup>6</sup> You cover it with the deep as with a garment; the waters stood above the mountains.
- <sup>7</sup> At your rebuke they flee;
  - at the sound of your thunder they take to flight.
- <sup>8</sup> They rose up to the mountains, ran down to the valleys, to the place that you appointed for them.
- <sup>9</sup> You set a boundary that they may not pass, so that they might not again cover the earth.
- <sup>10</sup> You make springs gush forth in the valleys; they flow between the hills,
- <sup>11</sup> giving drink to every wild animal; the wild asses quench their thirst.

- <sup>12</sup> By the streams the birds of the air have their habitation; they sing among the branches.
- <sup>13</sup> From your lofty abode you water the mountains; the earth is satisfied with the fruit of your work.
- 14 You cause the grass to grow for the cattle and plants for people to cultivate, to bring forth food from the earth
- and wine to gladden the human heart, oil to make the face shine and bread to strengthen the human heart.
- <sup>16</sup> The trees of the field[f] are watered abundantly, the cedars of Lebanon that he planted.
- <sup>17</sup> In them the birds build their nests; the stork has its home in the fir trees.
- <sup>18</sup> The high mountains are for the wild goats; the rocks are a refuge for the coneys.
- <sup>19</sup> You have made the moon to mark the seasons; the sun knows its time for setting.
- <sup>20</sup> You make darkness, and it is night, when all the animals of the forest come creeping out.
- <sup>21</sup> The young lions roar for their prey, seeking their food from God.
- <sup>22</sup> When the sun rises, they withdraw and lie down in their dens.
- People go out to their work and to their labor until the evening.
- O Lord, how manifold are your works! In wisdom you have made them all; the earth is full of your creatures.
- There is the sea, great and wide; creeping things innumerable are there, living things both small and great.
- <sup>26</sup> There go the ships and Leviathan that you formed to sport in it.
- <sup>27</sup> These all look to you to give them their food in due season;
- when you give to them, they gather it up; when you open your hand, they are filled with good things.
- <sup>29</sup> When you hide your face, they are dismayed; when you take away their breath, they die and return to their dust.
- <sup>30</sup> When you send forth your spirit, they are created, and you renew the face of the ground.

- 31 May the glory of the Lord endure forever; may the Lord rejoice in his works—
- <sup>32</sup> who looks on the earth and it trembles, who touches the mountains and they smoke.
- <sup>33</sup> I will sing to the Lord as long as I live;
  I will sing praise to my God while I have being.
- <sup>34</sup> May my meditation be pleasing to him, for I rejoice in the Lord.
- 35 Let sinners be consumed from the earth, and let the wicked be no more.

Bless the Lord, O my soul.

Praise the Lord!

#### **GOSPEL LESSON**

John 1:14a, Mark 14:22-25

<sup>14</sup> And the Word became flesh and lived among us.

<sup>22</sup> While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." <sup>23</sup> Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. <sup>24</sup> He said to them, "This is my blood of the covenant, which is poured out for many. <sup>25</sup> Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God."

#### PRAYER OF RESPONSE

What wonders are ours to name, great God of endless surprises; and how shall we enumerate them: this dazzling universe littered with galaxies in splendid profusion; the aridmoist, warm-cold wonder of earth that bids us be at home and draw life from her sustaining breast; the sparkling gay profusion of intimately known and not-yet-discovered life forms who share our planet home; the diversity of arts and sciences proceeding from fertile imagination, to charge our minds, exult our souls, and satisfy our wants; families biological and spiritual, who embrace us with affirming love and plant in us the grace to love others. For all these we praise you; but for none more than the astonishing wonder who is Jesus Christ: Word in our flesh, redemptive light in our world, image among us of the God-love that possesses us and that we possess—your gift to us, our offering to the world. Amen.

#### SONG OF PRAISE

#### How Great Is Our God

(Please sing as led.)

How great is our God, sing with me How great is our God, and all will see How great, how great is our God

#### PRAYERS OF THE PEOPLE

ONE: We long to know the Earth in the intimate ways she's known us. We long to be the kind of people who listen more than we speak. May we always be listening... O God,

ALL: Because we are dust to dust.

ONE: We repent of the ways we have chosen to fill our pockets with money instead of our souls with the goodness of the Earth. May we change our ways. May we honor her... O God,

ALL: Because we are dust to dust.

ONE: We acknowledge the indigenous peoples who have always cared for the land. We acknowledge that we must learn from them, honor their stories, and pay attention to a deeper kind of relationship. May we dig deeper.

ALL: Because we are dust to dust.

ONE: We hope for a future in which we are hospitable because the Earth is hospitable. We long for a future in which our relationship is born out of constant connectedness, so that when we care for one another, we are caring for her. May hospitality be our future. O God,

ALL: Because we are dust to dust and the Earth has always taken care of us. Because we are dust to dust, we will recognize our place in this world. Because we are dust to dust, we will choose, every day, to remember. Amen.

#### THE LORD'S PRAYER

All: Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, they will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power and the glory, forever. Amen.

ONE: Offering the Creator praise and gratitude:

(Stretch your arms high and wide above your head.)

ALL: I thank you, Holy One, for the gift of another day of life.

ONE: Intentionally being aware of our spiritual bond with all of creation:

(Hold your arms out from your sides)

ALL: I reach out in compassion to my sisters and brothers throughout the universe.

ONE: Offering our life to the Holy One:

(Stretch your arms out straight in front of you, slightly apart, palms up.)

ALL: I give to you all I am and all I have.

ONE: Opening to accept what the Holy One offers us this day:

(Pull your hands close together and cup them as a container.)

ALL: I open my entire being to receive the gift that you have waiting for me in this new day.

ONE: Remembering to be kind to our planet Earth:

(Bend over, reach down, and touch the floor)

ALL: I touch this planet, Earth, with awe, reverence, and gratitude, promising to care well

for her today.

ONE: Awareness of the indwelling presence of the Holy One:

(Stand up, cross hands over your heart, and bow to the waist.)

ALL: May we be united with you throughout this day, aware of your love strengthening us

and shining through us.

#### THE PEACE

(offer appropriate signs of reconciliation and peace)

## **DISMISSAL WITH BLESSING**

God of the earth, of heaven and of all that we see around us, Allow us to learn to live together, and together with creation. May the peace that is the fruit of justice Be a reality for every corner of the earth.

Give us strength, faith, and hope Until justice and peace kiss.

#### **GOING FORTH**

<sup>&</sup>quot;A Litany of Longing for Creation of Community." Pg. 73. By Britney Winn Lee, © 2020. Rally: Communal Prayers for Lovers of Jesus and Justice. Used with permission.

# SATURDAY AFTERNOON

# 3:00 p.m. PRAISE AND PRAYER

#### CALL TO WORSHIP

Bless the Lord

One: O God of creation,

Who paints the world with wonder,

We summon you to be near,

As we walk with a soul full of dreams. There is an ache alive in our beings

To intertwine our lives In the life of community. Where the love is tender, The work cries for justice, And the walk is humble.

All: Love is nurtured between us, and the Spirit dwells among us.

One: O God of the incarnate,

Who takes simple bread and makes it holy.

We feel you on this ground.

May we learn the history we stand upon,

The neighbors that surround us, The needs of this neighborhood, The soil and seed below our feet.

May we be formed by the roots of this place,

And may this community bring life Whose branches spread with beauty...

All: Love is nurtured between us, and the Spirit dwells among us.

One: O God of breath,

Who conspires with us even now, We bring our hearts to the journey. We bring our hands to the work.

We bring our gratitude for the witnesses

Who guide us in this ancient work

Of building community.

God, dwell here

In the beautiful and painful

Gift of birthing.

Breathe with us and through us.

All: Love is nurtured between us, and the Spirit dwells among us.

One: O God of love,

Who knit us in the depths of the earth,

Guide our discerning hearts.

Cultivate our patience.

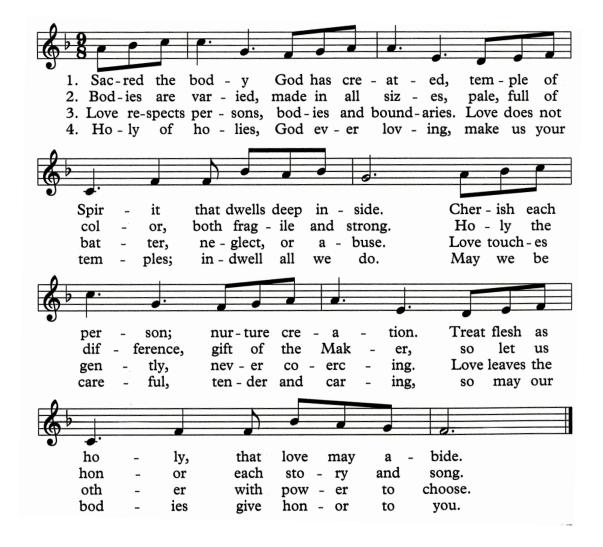
Set free our imaginations.

Ignite our courage.

Let it begin.

All: Love is nurtured between us, and the Spirit dwells among us.

# GATHERING SONG Sacred the Body



#### OPENING PRAYER

#### God of the Bodies

O God that became body and presence, that wanted to share the path, the bread and the cup, that loved and embraced, that dreamed and suffered, that assumed the pain and stored up hopes. Bring youself today to those who feel pain in the bodies: the pain of an unwanted absence, pain that like a dagger cuts the soul and rips open the bowels.

O God, you touched injured bodies, you stretched out your hand to the despised bodies, you embraced the ignored bodies, you put on a body that struggled alongside the most humble, you felt in your own flesh the brutality of oppression, so lend your should today to those who cry, to those who need to know themselves as loved and content because torturers and murderers continue to steal the lives of loved ones' bodies.

Naked God, exposed, trophy of genocides, your body crucified on a whim by the power of the day and ignored by the lukewarm complicity of so many. God, whose dead body was seen by the morbid and cried helplessly in silence for the persecuted. God, whose body was buried and guarded, out of fear... Become a body in the midst of our fears, liberate us, just as you freed yourself on the third day, from the sadistic omnipotence of those who carry the sword.

God of the transcendent body, of the body that makes us one body, community, people. God of the body that remains, present in every search for justice and fulfillment, in each act of resisting the perverse, in each table where shared bread reaches and remains, and where wine is a transforming sacrament. Rescue us from the waters of resignation, give us your hand of solidarity and walk with us to places where bodies can live and dance and be free, without appropriators, without repressors, without mercenaries of death.

## Sing for God's Glory



## PROCLAMATION AND RESPONSE

EPISTLE LESSON Romans 8:18-27 NRSVUE

<sup>18</sup> I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. <sup>19</sup> For the creation waits with eager longing for the revealing of the children of God, <sup>20</sup> for the creation was subjected to futility, not of its own will, but by the will of the one who subjected it, in hope <sup>21</sup> that the creation itself will be set free from its enslavement to decay and will obtain the freedom of the glory of the children of God. <sup>22</sup> We know that the whole creation has been groaning together as it suffers together the pains of labor, <sup>23</sup> and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. <sup>24</sup> For in[a] hope we were saved. Now hope that is seen is not hope, for who hopes for what one already sees? <sup>25</sup> But if we hope for what we do not see, we wait for it with patience.

<sup>26</sup> Likewise the Spirit helps us in our weakness, for we do not know how to pray as we ought, but that very Spirit intercedes with groanings too deep for words. <sup>27</sup> And God, who searches hearts, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

## **GOSPEL LESSON**

John 1:14a, Mark 14:22-25

**NRSVUE** 

<sup>14</sup> And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth.

<sup>22</sup> While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." <sup>23</sup> Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. <sup>24</sup> He said to them, "This is my blood of the covenant, which is poured out for many. <sup>25</sup> Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God."

SERMON

Rev. Dr. Eboni Marshall Turman

#### PRAYER OF CONFESSION

O God, we awaken each day to a world that is habitat for Spirit and humanity, to a world that invites our participation in a complex of holy tasks and relationships, to a world that challenges our faith with both its promise and its pain. Within this world, your presence is prominent, yet we often miss it out of negligence, ignore it out of willful inattention, or dismiss it out of disbelief. Forgive us.

Grant us, we pray, a sharp spiritual vision that permits us truly to see the real world. Encourage us to dwell in such a world:

- A world where the practice of humble service is a valued and noble calling
- A world where commitment to Christ beckons us toward ventures of community and cooperation
- A world where compassion for generations yet to come makes inconceivable our misuse of the earth
- A world where matters of Spirit occupy the place of highest regard

Inspire us to participate in the mission of doing your will on earth so all persons might know the reality of your love. In Jesus' name. **Amen.** 

## THANKSGIVING AND COMMUNION

#### **GREAT THANKSGIVING**

One: The Lord be with you.

All: And also with you.

One: And with those whose hands brought these gifts to us.

All: And also with them.

One: The earth is the Lord's and the fullness thereof, so we thank you, God, for your creation.

All: For your creation, thanks.

One: For you so loved the world, you gave us your Christ child; thank you God,

for your salvation.

All: For your salvation, thanks.

One: Our story begins with a seed in the ground, watered, tended, and harvested with

human hands.

All: Make us one in you.

One: The wheat is prepared for baking by the craft of human hands.

All: Make us one in you..

One: This is the bread of Jesus blessed, broke, and shared...

All: Make us one in you.

One: Similarly, in the vineyard, the seed was sown, watered, tended, and harvested by human

hands.

All: Make us one in you.

One: The graces were crushed, the juice collected, by the craft of human hands.

All: Make us one in you.

One: This is the wine Jesus blessed, poured, and shared.

All: Make us one in you.

One: Take, eat, and drink in remembrance of me and those who brought me to you.

All: Christ has died

Christ has risen

Christ will come again

ONE: Christ has died Christ has risen Christ will come again

Transforming spirit, we ask your blessing upon the workers in the field and the vineyard, the laborers who prepared and brought these gifts to us and upon your community gathered here, transform these common elements, we pray.

We praise you, O God, it is from you that these blessings flow.

We praise you, O God, for your people.

We honor you Father, Son, and the Holy Ghost.

Now as those called and empowered by God let us join with Christ in prayer:

All: Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, they will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power and the glory, forever. Amen.

### TAKING OF THE BREAD AND CUP



#### PRAYER AFTER COMMUNION

ONE: Lord God, Creator of All,

in your wisdom,

you have bound us together so that we must depend on others

for the food we eat, the resources we use,

the gifts of your creation that bring life, health and joy.

All: Creator God, we give thanks.

ONE: Holy be the hands that sew our clothes so that we do not have to go naked. Sacred be the hands that build our homes so that we do not have to be cold.

Blessed be the hands that work the land so that we do not have to go hungry.

All: Creator God, we give thanks.

ONE: Holy be the feet of all who labor so that we might have rest.

Sacred be the feet of all who run swiftly to stand with the oppressed.

Blessed be the feet of all whose bodies are too broken or weary to stand.

All: Creator God, we give thanks.

ONE: Holy be the sound of children laughing to take away our sorrow.

Sacred be the sound of water falling to take away our thirst.

Blessed be the sound of your people singing to heal our troubled hearts.

All: Creator God, we give thanks.

ONE: Holy be the bodies of those who know hunger.

Sacred be the bodies of those who are broken.

Blessed be the bodies of those who suffer.

in your mercy and grace, soften our callous hearts

and fill us with gratitude for all the gifts you have given us.

in your love,

break down the walls that separate us

and guide us along your path of peace,

that we might humbly worship you in Spirit and in truth.

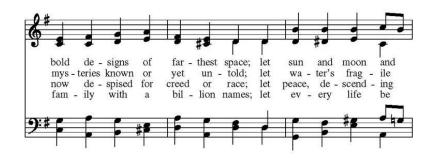
All: Amen.

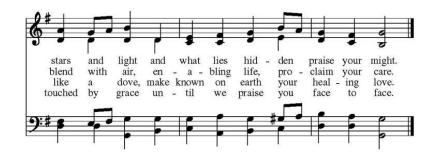
## SENDING FORTH

## **CLOSING HYMN\***

## Creating God, Your Fingers Trace







## **DISMISSAL WITH BLESSING\***

God of the earth, of heaven, and of all that we see around us, Allow us to learn to live together, and together with creation. May the peace that is the fruit of justice Be a reality for every corner of the earth.

Give us the strength, faith, and hope Until justice and peace kiss.

## **GOING FORTH\***

43

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# ADDITIONAL OPPORTUNITIES

## **Prayer Room**

(Located to the left of the sanctuary)

The prayer room emanates a sense of serenity and inclusivity. Soft, diffused lighting creates a warm inviting atmosphere. The room is adorned with peaceful colors and artwork that reflect God's diverse and beautiful creation.

# **Rest Is Resistance Space**

(Located to the right of the sanctuary)

Inspired by Tricia Hersey's seminal book, Rest is Resistance, this room is designed to be a haven of relaxation and self-care. It exudes an atmosphere of comfort and empowerment calling us to reconnect with the Divine and ourselves.

