



MO-Hab Mission Statement

MO-Hab is committed to raising funds and awareness for adequate and affordable housing. MO-Hab sponsors benefit bicycle rides to raise funds for Habitat for Humanity St. Louis which lends a hand-up for families to afford a home. Our faith calls us to be the hands and feet of Jesus in fellowship with others.



MO-HAB XXVII - OUT OF TOWN RIDE Miami Valley Ohio Bikeways, Dayton/Xenia, Ohio June 5-10, 2024 Registration Due April 1, 2024

PURPOSE: To raise awareness and funds for Habitat for Humanity St. Louis.

MUMC's FINANCIAL GOAL: \$25,000 This level of contribution qualifies MUMC as a Keystone Community Partner with Habitat for Humanity St. Louis.

DONATIONS: Each rider is asked to collect a **minimum of \$100.00** in donations. Donations may be made on-line at www.manchesterumc.org/give. Choose Habitat for Humanity in the "Select a Fund" drop down menu (available as of April 1st). Checks should be made payable to "MUMC" with "Habitat" in the memo line.

REGISTRATION FEE: \$50 per person includes SAG support, snacks, ice, sports drinks, and other incidental expenses.

REGISTRATION: On-line at www.manchesterumc.org/mohab

- Select Out of Town Registration
- Verify you have a current Liability Waiver valid thru June 2024
- Download the Emergency Health Information form
- Mail completed health form to Mary Corwin, 354 Shetland Valley Court, Chesterfield, MO 63005
- Completed registration due April 1st.
- Participation is limited to 50 people, register early!

MAPS: Request a printed map of the Miami Valley Ohio Bikeway at <https://miamivalleytrails.org/system-map>

All map routes are at the following website: <https://www.miamivalleytrails.org/trail-map>

ROUTE: Miami Valley Ohio Bikeways, Dayton/Xenia, Ohio

- **Day 1 - June 5th** Drive to Ohio; opportunity to take one of the following optional short routes before you check into the hotel.
 - Verona to Trotwood 12 miles (24 miles round trip) #38 on map
 - Xenia to Yellow Springs 10 miles (20 miles round trip) #3 on map
 - Xenia to Jamestown 11 miles (22 miles round trip) #4 on map
 - Jamestown to Yellow Springs 21 miles (42 miles round trip) #4 and #3 on map
 - Xenia to Octa 20 miles (40 miles round trip) #4 on map
- **Day 2 – June 6th** First day of long route
 - Xenia to Morrow 28 miles (56 miles round trip) #1 South on map
 - All paved, slight hills, tree covered
- **Day 3 – June 7th** Second day of long route
 - Drive to Troy and park
 - Troy to Dayton 26 mile (52 miles round trip) #25 North on map
 - All paved, slight hills, tree covered. Could be closed due to flooding in spring
- **Day 4 – June 8th** Third day of long route
 - Xenia to London 29 miles (58 miles round trip) #1 North on map
- **Day 5 – June 9th** Fourth day of long route
 - Carillon Historical Park to Trenton 30 mile (60 miles round trip) #25 South on map
 - Lots to see and do at Carillon Historical Park
- **Day 6 – June 10th** Drive home and an opportunity to take one of the short routes before you leave. See Day 1 for list of short routes.

LODGING: We will be staying at the Hampton Inn and Suites all 5 nights. The rate ranges from \$135 to \$145 per room per night and includes a continental breakfast, indoor pool, free WiFi, laundry facilities, gym, bike storage, microwave, mini frig, and coffee in rooms.

Lodging is paid in advance. Money will be collected at the Rider's Meeting on Monday, April 29th. A rooming list will be sent to the hotel one month prior to the ride. **If you need to cancel, do so before April 29th.**

MEALS: Breakfast is included in your hotel fee. Lunch and dinner will be on your own except for a group dinner. A group picture will be taken at the group dinner, so bring your MO-Hab T-shirt!

SAG SUPPORT: Dedicated SAG volunteers will meet you along the route with beverages and snacks. Each rider should carry their own spare tube and repair kit on their bike. Air pumps will be available.

RIDER MEETING: Monday, April 29th in Room 226 at MUMC at 7:00 PM. Final details of the ride will be discussed, rooming lists confirmed, and hotel fees collected. **Bring your checkbook or credit card! Your attendance is very important! Save the date!**

TRAINING: We strongly recommend you participate in as many of the Spring Rides as possible. Spring Rides will be on Saturdays beginning Mid-March. The schedule will be on the MUMC website: www.manchesterumc.org/mohab. Group rides can be much different than riding alone and a lot more fun! Spring Rides are unsupported, so **bring enough water and food** appropriate for the length of the ride. You will need to do additional training on your own. It is advisable to have ridden as many training miles as miles you plan to ride during the MO-Hab week, so get a riding buddy and rack up those miles! Ride as many miles as possible and as often as possible before doing MO-Hab XXVII and don't forget to log your miles on the Virtual MO-Hab Trip. **All riders are required to wear a helmet that meets or exceeds ANSA or Snell standards.**

QUESTIONS: Contact Mary Corwin, MO-Hab Ministry Leader at 636-675-1684 or corwinmary354@gmail.com

For the most up-to-date information visit www.manchesterumc.org/mohab

Follow us on Facebook at www.facebook.com/mohab